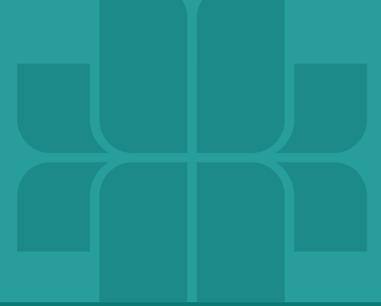# How to find a
First Health Provider

1. Go to **wellfirstbenefits.com/employees**

2. Click **Out of Area Coverage**

3. Click **Visit First Health**. This will take you to **firsthealth.com**

4. Click **Start now**

5. Select the Provider type (selecting **All Providers** will yield more results)

6. Choose one of two options:

    a. **ZIP code** and adjust the distance from 5-100 miles

    or

    b. **Select a state.** You can narrow your search by county and/or city

7. Select **Search now** for immediate results or **[+] Show more options** to narrow your search by the following:

    a. **Physician name or facility:** text field allows you to type in the name of a doctor (last name) or hospital (first name)

    b. **Specialty Type:** enter text or select up to five specialties to include. If you need more detail on specialties, choose the "Specialty Definitions" link at the bottom of the web page

    d. **Condition:** enter text or select a condition

    e. **Focus Type:** enter text or select up to five focus codes to include

8. Select **Search now**

9. A user manual with additional instructions for refining your search results can be found near the bottom of the **First Health** web pages. **How to use this tool** _User manual_

We are here to help
Visit **wellfirstbenefits.com/contact-us**
Call **877-274-4693 (TTY: 711)**
Monday–Thursday, 7:30 am – 5 pm and Friday, 8 am – 4:30 pm

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