

# Medicare Advantage OTC vs Living Healthy Rewards Benefit

## OTC Benefit

- Members are eligible for a **\$60 quarterly benefit** to be used towards the purchase of select over-the-counter (OTC) health and wellness products
- This benefit is available at the beginning of each quarter (Jan., April, July, Oct.). **Unused dollars will not carry forward to the next quarter**
- Members can use this benefit at any of our 62,000 retail locations and online. Locations include:
  - Walgreens
  - Dollar General
  - Family Dollar
  - Pick 'n Save
  - Walmart
  - CVS
- Due to updated CMS regulations OTC dollars cannot be spent at amazon.com

## Living Healthy Rewards

- Members can earn up to **\$150 in rewards** for completing healthy activities
- Starting in 2023 members get these rewards automatically loaded on their Wallet Card
- Members can spend these rewards at some of these types of locations and online retailers:
  - Convenience Stores
  - Grocery Stores (not affiliated with the OTC network/Kroger brands. Eligible include Schnucks, Whole Foods, & Straub's)
  - Restaurants
  - Home Improvement Stores
  - Hardware Stores
  - Gas Stations
  - Lawn & Garden Supply Stores
  - Florists & Nurseries
  - Household Appliance & Electronics stores
- Due to updated CMS regulations Living Healthy Rewards dollars cannot be spent at amazon.com
- **NOTE:** Members will not be able to redeem their Living Healthy Rewards at any of the locations are in the OTC Network

Need more information, visit [wellfirsthealth.com/extrabenefits](https://www.wellfirsthealth.com/extrabenefits)

